

Clinico-pathological Evaluation of PPR in a Flock of Ganjam Sheep and Goat in Odisha

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ABSTRACT

Present study was aimed to investigate the mortality among a flock of Ganjam sheep and goat during December, 2016 in Odisha. These breed of small ruminant mostly reared in nomadic pattern by certain "Gola" community with native tract mostly in south-eastern and eastern-ghat of agroclimatic zones in Odisha with hot and humid climate. Clinical signs and gross lesions as observed among the animals were indicative of *Peste des petits ruminants* (PPR). There was nearly 90% morbidity and 42.22% mortality. Higher mortality was recorded among the weaners (~ 63%) followed by kids (~ 42%). Blood examination revealed anemia with significantly ($p \le 0.05$) decrease in total erythrocyte counts (TEC) and packed cell volume (PCV) through t-test. Affected animals showed leucocytosis with nutrophillia and lymphopaenia. Statistically significant ($p \le 0.05$) alterations in various serum biochemical parameters were evident in morbid animals. At necropsy, typical lesions were erosive as well as hemorrhagic lesions in buccal mucosa, abomasums and intestine along with fibrinous bronchopneumonia. Histopathological changes were mostly infiltrations of inflammatory cells, syncytia and presence of intranuclear and /or intracytoplasmic eosinophillic inclusions in epithelial cells, alveolar macrophages, lungs and hepatocytes.

HIGHLIGHTS

- Pathology of PPR in Ganjam breeds of sheep and goats in Odisha.
- Hot humid climate, nomadic pattern of rearing of Ganjam sheep and goats by "Gola community" were incrementing factors for PPR.

Keywords: Ganjam goat, Ganjam sheep, mortality, pathology, PPR

Peste des petits ruminants (PPR) is an important emerging disease among small ruminants causing large scale mortality and morbidity among small ruminants results a huge economic loss. The causative agent of this disease is

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a RNA virus belonged to morbilli virus under the family Paramyxoviridae (Gibbs et al., 1979). India considered as enzootic for this disease with report of regular disease outbreaks occurring in various parts throughout the year (Balamurugan et al., 2012). Though goats and sheep of various ages, sexes and breeds are susceptible but more severity is seen in goats. Ganjam breed of sheep and goat native to southern parts of Odisha are maintained mostly by "Gola community" with a nomadic pattern of domestication. Most of the native tract of these breeds bordering to states like Andhra Pradesh and Chattisgarh. Overall sero-prevalence of PPR in Odisha was 48.42% (Hota et al., 2017) with 51.21% and 44.7% in goats and sheep respectively. Ganjam breeds mostly populated to north eastern, south-eastern and Eastern Ghats agroclimatic zones with hot and humid climate. Ganjam goats are tall and leggy animals, locally known as "Dalua" considered as a dual purpose breed having more body weight (~30-40 kg) in adults with single litter size. Ganjam sheep are medium sized animals with dark tan color body coat with white patches on face and body. Most of the flocks have both goats and sheep co-housed together in open field with nomadic rearing. There is no available literature as yet regarding the detail pathology of PPR in Ganjam breeds. Present study was aimed to record details of pathology associated with PPR in Ganjam breeds of sheep and goats.

MATERIALS AND METHODS

After obtaining information about mortality among Ganjam goats and sheep in a flock from the local veterinarian and as per the request of animal owner during December, 2016, a detail investigation was carried out to arrive at the tentative diagnosis of the disease. A questionnaire was prepared for obtaining demographic information like immunization and deworming status, age, management system etc from the animal owners to derive certain epidemiological risk factors favoring the disease outbreak. Clinical signs of all affected small ruminants were recorded. Blood examinations (n=23: Goats-14, Sheep-9) were conducted to evaluate changes in various parameters to know the disease severity. Various serum (n=23: Goats-14, Sheep-9) biochemical parameters were estimated in automatic biochemical analyzer (TurboChem 100) using commercially available ICHEM kits. Necropsy (n=7) was conducted at the outbreak site to note the

morbid changes in different organs. Representative tissue samples approximately 1-2 cm were cut from all vital organs during postmortem examinations and subjected for fixation in 10% neutral formalin overnight. Routine histopathology was conducted by using these formalin fixed tissue samples through paraffin embedding with haematoxyline and eosin staining in the Department of Veterinary Pathology of the college to observe various microscopic lesions related to PPR.

Ethical approval and informed consent

Present study was not subject to ethical approval as no clinical samples from healthy animals collected for the study. Oral consent was taken from the animal owner before drawing blood for outbreak investigation. Blood samples less than 5 ml collected only from clinically ill small ruminants by the concerned registered professional field veterinarian of the area to investigate the disease in outbreak situation for clinical diagnosis of the disease at earliest.

Statistical analysis

One sample t-test was conducted by using SAS software in each of the hematological and serum biochemical parameters and it was compared with reference population mean (Table 1 & Table 2) as per reference values given in Benjamin (2005).

RESULTS AND DISCUSSION

Epidemiological risk factors

The said mixed flock comprising of goats (n=31) cohoused with sheep (n=14) in an open field near the foot hill recorded mortality of 19 small ruminants (goats-13, Sheep-06) during the study with overall mortality of 42.22% and morbidity of 90%. Variation in morbidity and mortality rate among the small ruminants attributed to circulating virus strain in the concerned area, susceptibility of specific breeds, availability of veterinary health care facility and pre-existing bacterial, fungal or parasitic infection as well as animal's own immune status (Banyard *et al.*, 2010).

All the small ruminants were grouped into kids (≤ 3

Parameters	Species	Reference Mean	Mean ± SE	DF	p-value*
Hb	Goats	10.0	6.4±0.14	13	< 0.0001
	Sheep	10.0	6.68 ±1.13	8	< 0.0001
TEC	Goats	13.0	9.31±0.28	13	< 0.0001
	Sheep	13.0	9.93±0.25	8	< 0.0001
PCV	Goats	30.0	18.2±0.43	13	< 0.0001
	Sheep	30.0	19.3±0.89	8	< 0.0001
TLC	Goats	8.5	19.57±0.50	13	< 0.0001
	Sheep	8.5	19.28±0.71	8	< 0.0001
Ν	Goats	39.0	53.64±0.38	13	< 0.0001
	Sheep	39.0	52.22±0.96	8	< 0.0001
L	Goats	60.0	42.92±0.30	13	< 0.0001
	Sheep	60.0	43.88±0.65	8	< 0.0001

Table 1: Mean ±SE of hematological indices in PPR affected Ganjam sheep and goats

*p≤0.05 means significant between the variables.

Table 2: Mean ±SE of serum biochemical indices in PPR affected Ganjam sheep and goats

Parameters	Species	Reference Mean	Mean ±SE	DF	p-value*
Glucose	Goats	62.0	42.57±0.33	13	< 0.0001
	Sheep	62.0	42.04±0.54	8	< 0.0001
AST	Goats	300.0	323.1±4.37	13	< 0.0002
	Sheep	300.0	338.1±1.07	8	< 0.0001
ALT	Goats	33.0	47.88±0.21	13	< 0.0001
	Sheep	33.0	48.17±0.25	8	< 0.0001
Creatinine	Goats	1.3	3.08±0.15	13	< 0.0001
	Sheep	1.3	2.73±0.23	8	< 0.0003
BUN	Goats	20.0	30.05±0.85	13	< 0.0001
	Sheep	20.0	33.88±0.66	8	< 0.0001
Sodium (Na ⁺)	Goats	148.0	153.0±3.09	13	< 0.1297
	Sheep	148.0	141.7±0.70	8	< 0.0001
Chloride (Cl ⁻)	Goats	112.0	136.5±1.47	13	< 0.0001
	Sheep	112.0	136.0±1.41	8	< 0.0001

* $p \le 0.05$ means significant between the variables, Non-significant at P > 0.05.

months, n=12), weaner (4-9months, n=19) and adults (> 9 months, n=14) according to their age groups. More mortality was observed among weaners (63.15%, n=12) followed by kids (41.66%, n=5) and adults (14.28%, n=2). Present findings were consistent with Gupta *et al.* (2007). Decreased maternal antibody, poor management system by illiterate farm owners, unreached veterinary healthcare facility due to pastoralist system of rearing as well as nutritional imbalance might be responsible for increased mortality rate in weaners as compared to adults and kids with presence of protective antibody due to previous

infection or through colostrums respectively (Islam *et al.*, 2012).

Anamnesis was taken from the animal owner suggested about no vaccination as well as deworming since last six months in the flock. There was history of inclusion of two bucks and three does purchased from the adjacent state before seven days. Increased occurrence of PPR in non-vaccinated flocks as reported might be attributed to absence of protective antibody (Islam *et al.*, 2012). Preexisting parasitic infection resulting malnutrition and poor body condition predisposes the animals to succumb



with a variety of diseases (Pope et al., 2013). Exchange of animals as well as mixing of newly purchased one from nearby livestock market or from adjacent state in the susceptible flock may be regarded as an important epidemiological determinant for precipitating the disease (Radostits et al., 2007). Ganjam breeds of sheep and goats mostly managed by "Gola" community used to have regular movement from place to place in search of food during most parts of the year except rainy season thus easily coming into contact with infected animals during migration and contract the infection (Shuaib, 2011). Dusty and dry winds in cold chilled climatic conditions in winter months of December might favor the initiation of pneumonia by secondary saprophytic pathogens along with huddling of small ruminants in open grazing field favors the spread thus complicating the disease pathology (Saha et al., 2005).

Clinical signs

The flock showing 100% morbidity with all the sheep and goats having increased vital parameters like temperature $(103.6\pm0.05^{\circ}\text{F})$, heart rate $(86\pm0.73/\text{min})$ and respiration rate (38±0.54/min) attributed to acute inflammatory response against invading pathogens (Islam et al., 2014). Prominent clinical abnormalities detected were refusal to feed, watery to white mucoid discharge from nose (Fig. 1) and eye, depression, salivation with necrotic ulcers or erosions throughout the oral cavity including tongue, gums, lips, cheek along with presence of a creamy color false diphtheritic membrane on dorsal surface of tongue (Fig. 2), suggestive for PPR (Chauhan et al., 2009). There was abortion in two does as per information from the herd owner. There was painful coughing, sneezing with production of wheezing sound or rales in most of the small ruminants. Soiling of hind quarter with soft and pasty blood stained faeces, evidence of respiratory difficulty mostly abdominal breathing in some kids characterized by extended head, abducted front legs, gasping with wide open mouth and extended tongue was observed. Denudation of hairs around the lips and muzzle with adhering dried discharge plugging the nose and gluing the eyelids were characteristic. Clinical findings as observed were in accordance with Islam et al., 2014. Stress associated with hot and humid climate interfere in the antioxidant system of animals causing free radical mediated cell injury through lipid peroxidation and thereby stimulate

the adrenal medulla to produce increased concentration of epinephrine and nor-epinephrine producing adverse effect on hormonal system of the body, predisposing to infections in varying degree of clinical severity in animals (Cao *et al.*, 2018).



Fig. 1: Watery to white mucoid nasal discharges in PPR affected goat



Fig. 2: Creamy color false diphtheritic membrane on dorsal surface of tongue in PPR

Hematological examination

The mean \pm SE values of all hematological parameters in both affected Ganjam goats and sheep as compared to the reference mean are presented in Table 1. Present investigation showed significant decrease (p ≤ 0.05) in Hb, TEC, and PCV in the affected small ruminants through one sample t-test. Decrease of various blood parameters was more pronounced in goats than sheep corroborating the clinical severity in goats (Birindwa *et al.*, 2017) attributed to their genetic makeup, immune status and status of infection. Decrease in haematocrit values, erythrocyte counts were observed in the present investigation attributed to wide spread haemorrhages in various organs and bloody diarrhea (Sahinduran *et al.*, 2012). Significant increase in total leucocyte count as well as Nutrophillia in affected sheep and goats associated with a positive immune response to the invading pathogen (Kataria and Kataria, 2004). Replication of PPR virus in lymphoid cells results lymphopaenia.

Serum biochemical examination

The Mean \pm SE values of different serum biochemical parameters are enlisted in Table 2. In this study, compared to reference values, significant decrease in glucose concentrations with a significant increase in kidney and liver profile parameters like creatinine, BUN, AST, ALT, in PPR affected sheep and goats observed through t-test which was in accordance with Sahinduran *et al.* (2012). Hypoglycaemia in morbid animals attributed to refusal to feed due to necrotic stomatitis. Altered serum biochemical concentrations might be due to replication of virus and damage to vital organs owing to inflammatory reactions in liver, kidney and lungs (Aziz *et al.*, 2019).

Gross lesions

At necropsy, prominent morbid changes were carcasses with poor body condition, deep shrunken eyes signifying severe diarrhea with loss of body fat owing to emaciation, ulcers and erosions in dorsal aspect of tongue, gums, palate, pharynx, abomasums and esophagus besides emphysema and congestion observed in lungs. Bran like deposits in oral mucosa particularly tongue and hard palate, presence of exudates in trachea and bronchioles, firm and consolidated lungs (Fig. 3A) along with multiple petechial hemorrhages were characteristics in most of the carcasses. There was congested liver with multiple necrotic patches. Congestion of mesenteric mucosa along with enlarged hemorrhagic mesenteric lymphnode (Fig. 3B) throughout body was observed. Gross lesions observed in present study suggestive of PPR (Patel *et al.*, 2017). Pale mucosa in some cases might be due to endoparasite infection. Except multiple linear hemorrhages and congested intestinal blood vessels and mesenteric lymphnode, typical zebra stripping in large intestine particularly near ileo-caecal valve was not consistent during necropsy signifying acute respiratory infection rather than intestinal involvement in this particular outbreak (Kihu *et al.*, 2014).



Fig. 3: Post mortem lesions of PPR affected sheep and goats showing (A) Firm consolidation of lungs, (B) congested mesenteric mucosa with hemorrhagic and enlarged mesenteric lymphnode

Histopathological changes

Significant histological lesions with certain degree of severity as observed mostly confined to respiratory and digestive organs as supported by earlier findings (Jaisree et al., 2017). Presence of intranuclear and/or intra cytoplasmic eosinophillic inclusion bodies along with multi-nucleated giant cells or syncytia were regarded as confirmatory or pathognomonic for PPR disease (Khan et al., 2018). Microscopic changes in tissues might be associated with inflammatory reaction combined with damaging effect of secondary bacterial, viral and parasites in co-association with PPRV (Zakian et al., 2016). Localization of PPR virus in the epithelial cells of gastrointestinal tract results in blunting and stunted intestinal villi with congestion and desquamation (Fig. 4A), goblet cell hyperplasia, infiltration of inflammatory mononuclear cells in lamina propria as well as sub mucosal edema were observed in intestine (Gitao et al., 2016). Necrosis of squamous epithelial cells, sloughing of tongue papillae with ulcerations and infiltrations of mononuclear cells and syncytia were common in tongue tissue through histopathology (Singh et al., 2018). Microscopic changes in lungs revealed infiltration of inflammatory cells, alveolar septal edema and thickening,



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alveolar dilatation, pinkish exudates in alveolar space, presence of intracytoplasmic eosinophillic inclusion body in alveolar epithelial cells (Fig. 4B) and bronchiolar lumen, desquamation of bronchiolar epithelium and/ or presence of intranuclear eosinophillic inclusion body and syncytia (Patel *et al.*, 2017). Degeneration and necrotic changes in liver, mononuclear and nutrophillic infiltrations in hepatocytes with syncytia (Fig. 4C) and/or presence of inclusion bodies were observed in liver (Toplu *et al.*, 2004). There was depletion of lymphoid cells as observed in mesenteric lymphnode and spleen attributing to lymphotropism of the PPR virus (Aktas *et al.*, 2011). Glomerular atrophy, sloughing of renal tubular epithelial cells and increased bowman's space (Fig. 4D) were in agreement with Patel *et al.* (2015).

Fig. 4: Histopathological lesions showing (A) Blunting and stunting of intestinal villi, congestion and desquamation, (B) Intracytoplasmic eosinophillic inclusion body in alveolar epithelial cells, (C) Necrosis of hepatocytes and presence of inflammatory cells with syncytia, (D) Tubular degeneration, narrowing of tubular lumen and glomerular atrophy with increased Bowman's space

CONCLUSION

Present investigation was considered as first ever detailed description regarding the pathology of PPR in Ganjam sheep and goats in Odisha enlisting the typical clinical signs, altered haemato-biochemical parameters along with pathomorphological and microscopic changes of this emerging disease. Hot and humid climate, unchecked movement across open adjacent borders, nomadic pattern of rearing in open field predisposes the Ganjam goat and sheep most often for PPR influencing the livelihood of poor farmers. Awareness among the "Gola community" of Ganjam, Odisha along with intensification of mass vaccination is warranted to check the spread of disease.

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